

	Autumn: Living in the wider world			Spring: Relationships			Summer: Health and Wellbeing		
	Belonging to a community	Media literacy and digital resilience	Money and work	Families and friendships	Safe relationships	Respecting ourselves and others	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Year 1/2 - Cycle A	<ul style="list-style-type: none"> - What rules are. - Caring for others' needs. - Looking after the environment. 	<ul style="list-style-type: none"> - Using the internet and digital devices. - Communicating online 	<ul style="list-style-type: none"> - Strengths and interests and how they needed to do different jobs. - Jobs in the community. 	<ul style="list-style-type: none"> - Roles of different people in children's lives. - Families - Feeling cared for. 	<ul style="list-style-type: none"> - Understanding and recognising what privacy is. - Stating safe. - Seeking permission. 	<ul style="list-style-type: none"> - How behaviour affects others. - Being polite and respectful. 	<ul style="list-style-type: none"> - Keeping healthy. - Food and exercise. - Hygiene routines. - Sun safety. 	<ul style="list-style-type: none"> - Recognising what makes them unique and special. - Learning about different feelings. - Managing when things go wrong. - Growing older – human life cycle. 	<ul style="list-style-type: none"> - How rules and age restrictions help us. - Keeping safe online.
Year 1/2 - Cycle B	<ul style="list-style-type: none"> - Belonging to a group. - Roles and responsibilities. - About similarities and differences in the community. 	<ul style="list-style-type: none"> - The internet in everyday life. - Online content and information. 	<ul style="list-style-type: none"> - What money is. - The difference between needs and wants. - Looking after money. 	<ul style="list-style-type: none"> - Making friends. - Feeling lonely and getting help. 	<ul style="list-style-type: none"> - Managing secrets. - Resisting pressure and getting help. - Recognising hurtful behaviour. 	<ul style="list-style-type: none"> - Recognising things they have in common with others and differences with others. - Playing and working cooperatively. - Sharing opinions. 	<ul style="list-style-type: none"> - Why sleep is important. - Medicines and keeping healthy. - Managing feelings and asking for help. 	<ul style="list-style-type: none"> - Growing older - Naming body parts. - Moving class or year. 	<ul style="list-style-type: none"> - Safety in different environments. - Risk and safety at home. - What to do in emergencies.
Year 3/4 - Cycle A	<ul style="list-style-type: none"> - What makes a community. - Shared responsibilities. 	<ul style="list-style-type: none"> - How data is shared and used. 	<ul style="list-style-type: none"> - Making decisions about money. - Using and keeping money safe. 	<ul style="list-style-type: none"> - Positive friendships - including online. 	<ul style="list-style-type: none"> - Responding to hurtful behaviour. - Managing confidentiality. - Recognising risks online. 	<ul style="list-style-type: none"> - Respecting differences and similarities. - Discussing differences sensitively. 	<ul style="list-style-type: none"> - Maintaining a balanced lifestyle. - Oral hygiene and dental care. 	<ul style="list-style-type: none"> - Physical and emotional changes in puberty. - External genitalia. - Personal hygiene routines. - Support with puberty. 	<ul style="list-style-type: none"> - Medicines and household products. - Drugs common to everyday life.
Year 3/4 - Cycle B	<ul style="list-style-type: none"> - The value of rules and laws. - Rights, freedoms and responsibilities. 	<ul style="list-style-type: none"> - How the internet is used. - Assessing information online. 	<ul style="list-style-type: none"> - Different jobs. - Job stereotypes. - Setting personal goals. 	<ul style="list-style-type: none"> - What makes a family. - Features of family life. 	<ul style="list-style-type: none"> - Personal boundaries. - Safely responding to others. - The impact of hurtful behaviour. 	<ul style="list-style-type: none"> - Recognising respectful behaviour. - The importance of self respect. - Courtesy and being polite. 	<ul style="list-style-type: none"> - Health choices and habits. - What affects feelings. - Expressing feelings. 	<ul style="list-style-type: none"> - Personal strengths and achievements. - Managing and reframing setbacks. 	<ul style="list-style-type: none"> - Risks and hazards. - Safety in the local environment and unfamiliar places.



Year 5/6 – Cycle A	<ul style="list-style-type: none"> - Protecting the environment. - Compassion towards others. 	<ul style="list-style-type: none"> - How information online is targeted. - Different media types. - Their role and impact. 	<ul style="list-style-type: none"> - Identifying job interests and aspirations. - What influences career choices. - Workplace stereotypes. 	<ul style="list-style-type: none"> - Managing friendships and peer influence. 	<ul style="list-style-type: none"> - Physical contact and feeling safe. 	<ul style="list-style-type: none"> - Responding respectfully to a wide range of people. - Recognising prejudice and discrimination. 	<ul style="list-style-type: none"> - Healthy sleep habits. - Sun safety. - Medicines, vaccinations, immunisations and allergies. 	<p>Year 5</p> <ul style="list-style-type: none"> - Personal identity. - Recognising individuality and different qualities. - Mental wellbeing 	<p>Year 6</p> <ul style="list-style-type: none"> - Human reproduction and birth. - Increasing independence - Managing transition. 	<ul style="list-style-type: none"> - Keeping safe in different situations, including responding in emergencies. - First aid. - FGM
Year 5/6 – Cycle B	<ul style="list-style-type: none"> - Valuing diversity. - Challenging discrimination and stereotypes. 	<ul style="list-style-type: none"> - Evaluating media sources. - Sharing things online. 	<ul style="list-style-type: none"> - Influences and attitudes to money. - Money and financial risks. 	<ul style="list-style-type: none"> - Attraction to others. - Romantic relationships. - Civil partnership and marriage. 	<ul style="list-style-type: none"> - Recognising and managing pressure. - Consent in different situations. 	<ul style="list-style-type: none"> - Expressing opinions and respecting other points of view, including discussing topical issues. 	<ul style="list-style-type: none"> - What affect mental health and ways to take care of it. - Managing change, loss and bereavement. - Managing time online. 	<p>Year 5</p> <ul style="list-style-type: none"> - Personal identity. - Recognising individuality and different qualities. - Mental wellbeing 	<p>Year 6</p> <ul style="list-style-type: none"> - Human reproduction and birth. - Increasing independence - Managing transition. 	<ul style="list-style-type: none"> - Keeping personal information safe. - Regulations and choices. - FGM - Drug use and the law. - Drug use and the media.

